

# **KUNA SCHOOL DISTRICT SPORT SPECIFIC INFORMATION**

## **FOR FALL STARTUP**

### **Kuna High School**

#### **Football**

Start Date: August 17th

Time: Begins @7:00am, Team broken into sub groups. Var/JV O Skill 7a, Var/JV OLine 7:20a, Var/JV Dline 7:40a, Var/JV D Skill 8a, Freshman 1 8:20a, Freshman 2 8:40a

Location: Eq Room by Tennis Courts

Necessary Equipment: Mask, Water Bottle, Cleats, Football Equipment (Helmet, Shoulder Pads, Practice Jersey) provided

Other Information: Specific Locker Room Protocol, gear checkout will take place on Thursday, August 14th - 6:30pm

Seniors, 7:00pm Juniors, 7:30pm Sophomores, 8pm Freshman

#### **Boys Soccer**

Start Date: August 17th

Tryout Days: August 17-18th

Time: 8-11am

Location: KHS Practice Soccer Field

Necessary Equipment: Mask, Water Bottle, cleats, Shin Guards, Athletic Clothing, Soccer ball (optional)

Other Information:

#### **Girls Soccer**

Start Date: August 17th

Tryout Days: August 17th and August 18th

Time: 7-8:30 pm

Location: KHS Practice Soccer Field

Necessary Equipment: Mask, Water Bottle, cleats, shin guards

#### **Boys and Girls Cross Country**

Start Date: August 17th

Time: 8am

Location: Kuna High School in Front of KPAC

Necessary Equipment: Mask, Water Bottle

#### **Volleyball**

Start Date: August 17th

Tryout Days: August 17th-18th

Time: Juniors and Seniors (8:00am-10:00am), Sophomores (11:00am-1:00pm), Freshman (2:00pm-4:00pm)

Location: Kuna High School Gym

Necessary Equipment: Mask, Water Bottle, Athletic Clothing,

Other Information: Specific Locker Room Protocol

#### **Cheer**

Start Date: August 24th

Time: 5:30 AM - 7 AM

Location: Upper East Gym

Necessary Equipment: Mask, Water Bottle, Cheer or low tread tennis shoes

Other Information: Parents make sure you have joined our parent band group for information, updates, and ways to contact coaches.

## **Fremont Middle School**

### **Football- 8th graders**

Start Date: August 17th

Time: 3:00 PM - 4:45 PM

Location: FMS Football Field

Necessary Equipment: Mask, Water Bottle, and Cleats

### **Volleyball**

Start Date: August 17th

Time: 7th grade 8:00 AM - 10:00 AM

8th grade 10:00 AM - 12:00 PM

Location: FMS Gym

Necessary Equipment: Mask, Water Bottle, Athletic clothing and shoes

### **Cross Country- 6-8th graders**

Start Date: August 17th

Time: 8:00 AM - 9:15 AM

Location: In front of FMS

Necessary Equipment: Mask, Water Bottle, Athletic clothing and shoes

## **Kuna Middle School**

### **Football- 8th graders**

Start Date: August 17th

Time: 3:00 PM - 4:45 PM

Location: Football Field

Necessary Equipment: Mask, Water Bottle, and Cleats

### **Volleyball**

Start Date: August 17th

Time: 7th grade 8:00 AM - 10:00 AM

8th grade 10:00 AM - 12:00 PM

Location: KMS Gym

Necessary Equipment: Mask, Water Bottle, Athletic clothing and shoes

### **Cross Country- 6th-8th graders**

Start Date: August 17th

Time: 3:00 PM - 4:15 PM

Location: Behind KMS by the fitness center/gym

Necessary Equipment: Mask, Water Bottle, Athletic clothing and shoes

\*\*\*We have attached an Assumption of Risk and Waiver of Liability for Extracurricular Activities form to fill out and return if you haven't already \*\*\*

***For questions or concerns please contact Tracy Donaldson KSD District Athletic Director at 208-955-0200 ext. 2082 or via email at [tdonaldson@kunaschools.org](mailto:tdonaldson@kunaschools.org)***

# **Safety Protocol and Screening of Athletes for Practices and Competition**

The training staff is extremely concerned about athlete safety and will take the following precautions to avoid large scale outbreaks of Covid-19.

1. Daily temperature checks of athletes before practices and competitions.
2. Daily monitoring of student-athlete health (questions asked by coach or athletic trainer and documented on google form) - with a positive test of Covid-19 we will contact Central District Health and turn over all of our information to begin the contact tracing process. This will help medical professionals determine the severity of the situation.
3. Encourage hand washing.
4. Mandatory face coverings when not able to physically distance or in active competition.
5. Coaches, activities personnel and training staff will wear face coverings.
6. Cleaning of equipment before, during and after use.

Please see the link to Kuna High School District Protocol for our action plan involving positive Covid cases and the Return to Participate Plan.

[COVID-19 Protocol for Kuna High School Athletics](#)



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**Print Name of Parent/Guardian**

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**Print Name of Participant**